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Australian Government  
Sport Integrity Australia



SPORT INTEGRITY  
AUSTRALIA

# Australian Calisthenics Federation

# Anti-doping Education Plan

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# Australian Calisthenics Federation Anti-doping Education Plan

## Introduction

Education is key to protecting the health and wellbeing of athletes and upholding the integrity of Australian sport. This Education Plan outlines the required and recommended education interventions for all members of Australian Calisthenics Federation as per your Anti-Doping policy and the World Anti-Doping Code International Standard for Education (ISE).

## Plan Development

Under the ISE, Sport Integrity Australia is required to ensure specific cohorts receive anti-doping education - either via online or face to face education. A key intent of the ISE is that athletes should receive education prior to being tested.

To satisfy these requirements, the following cohorts are required to receive anti-doping education:

- Any athletes included in Registered, National or Domestic Testing Pools
- Any athletes and support personnel\* competing or involved in National and International events, championships or competitions
- Any athletes and support personnel\* competing or involved in leagues subject to User Pay testing
- Any athletes and support personnel\* returning from an anti-doping rule violation sanction

Other groups outside these categories are recommended to receive anti-doping education. The type of education for each cohort is outlined in following attachments:

**Attachment A – Required and Recommended Education** - Outlines the anti-doping education requirements and recommendations for Australian Calisthenics Federation members at each level including those delivered by Australian Calisthenics Federation.

**Attachment B – Australian Calisthenics Federation Delivered Education** - allows for additional Australian Calisthenics Federation delivered education not listed in Attachment A to be included. This is not compulsory to complete.

## Commitment

Sport Integrity Australia will provide:

- Government-funded or user pay face to face/virtual education sessions
- Access to a range of free online anti-doping education materials, targeted to each level of sport
- A suite of resources to promote education, including social media tiles, posters, videos and digital resources
- Regular communication to Australian Calisthenics Federation to support Australian Calisthenics Federation in implementing this plan.
- Where practical, assistance with eLearning completion reports for Australian Calisthenics Federation.

Australian Calisthenics Federation will be responsible for:

- Mandating the completion of education requirements as outlined in **Attachment A**.
- Promoting recommended education interventions as outlined in **Attachment A**, by providing resources to State Sporting Organisations and Clubs, and promoting anti-doping education in communication materials.
- Coordinating face to face education sessions with Sport Integrity Australia, including providing adequate facilities and support.

\*Support Personnel includes any coach, trainer, manager, agent, team staff, official, medical, paramedical personnel, parent or any Other Person working with, treating or assisting an Athlete participating in or preparing for sports Competition. See articles 1.3.1.1 and 1.3.1.2 of anti-doping policy for further information.

## Education Plan Compliance Model

The following criteria will be used when assessing education implementation for the purpose of ensuring compliance with the Australian National Anti-Doping Policy (Articles 12.1, 12.2, 12.4 and 17) and the Sport Recognition Agreement (clause j ii)

- Endorsing the education plan via email confirmation
- Education requirements are communicated to specified athlete and support personnel and monitored through online completion records of eLearning courses and attendance at face to face or virtual education sessions (where relevant)
- Anti-doping resources are shared with State Sporting Organisations,
- Australian Calisthenics Federation communicates effectively and efficiently with Sport Integrity Australia to implement this plan
- Australian Calisthenics Federation promotes education across all athlete levels – as evidenced via emails, newsletters, social media posts, and event packs etc.
- Australian Calisthenics Federation implements an anti-doping tab on their website with policy and links to education and other resources.

For the purpose of the Sport Integrity Australia Compliance Model, Australian Calisthenics Federation may be asked to provide evidence of how they have implemented this plan at various levels. (e.g.: by providing emails to state organisations, social media posts, newsletters) The Plan will be reviewed annually to assess implementation and compliance, allow for changes in response to any evolving threats, and to incorporate new education resources developed by Sport Integrity Australia.

## Conclusion

This Education Plan is a partnership between Sport Integrity Australia, who will support this plan through the provision of education resources and interventions, and Australian Calisthenics Federation, who is responsible for implementing this plan within their sport. Through this plan, together we aim to reduce the risk of anti-doping rule violations, either deliberate or inadvertent, protect the health and wellbeing of Australian Calisthenics Federation athletes, and uphold the integrity of Australian Calisthenics Federation.

Acceptance of this education plan can be by way of email confirmation.

# Attachments

## Attachment A – Required and Recommended Education

Personnel Category	Course	Testing Pool Athletes	International Representing Australia	National National Competitions	State State Competitions	Other
ATHLETES, COACHES & SUPPORT PERSONNEL*	Anti-Doping Fundamentals	REQUIRED	REQUIRED	Recommended	Recommended	Recommended
	Annual Update	REQUIRED	REQUIRED	Recommended	Recommended	Recommended
	Whereabouts	REQUIRED (RTP athletes & coaches only)	N/A	N/A	N/A	N/A
MEDICAL PRACTITIONERS	Medical Practitioner Course	REQUIRED	REQUIRED	REQUIRED	Recommended	Recommended
COACHES	Coaches Course	REQUIRED	REQUIRED	REQUIRED	Recommended	Recommended
PARENTS	Parents' Guide to clean sport	Recommended	Recommended	Recommended	Recommended	Recommended

\*Support Personnel includes any coach, trainer, manager, agent, team staff, official, medical, paramedical personnel, parent or any Other Person working with, treating or assisting an Athlete participating in or preparing for sports Competition. See articles 1.3.1.1 and 1.3.1.2 of anti-doping policy for further information.

NOTE: Any athlete or support personnel returning from an Anti-Doping Rule Violation sanction must meet the same education obligations as Testing Pool athletes.

## Attachment B – Australian Calisthenics Federation Delivered Education

Team/Cohort	Presenter/Course	Topics