

# Australian Calisthenic Federation

Education Plan



Australian Government  
Sport Integrity Australia



SPORT INTEGRITY  
AUSTRALIA

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# Australian Calisthenic Federation Education Plan

## Introduction

Education is key to protecting the integrity of Australian sport. Sport Integrity Australia (SIA) and Australian Calisthenic Federation are committed to working together to mitigate and manage integrity threats to provide a safe and fair environment for participants at all levels of sport.

This Education Plan has been developed in partnership with SIA, who will support this plan through the provision of education resources and interventions as and where possible. It outlines the required and recommended education interventions for all members of Australian Calisthenic Federation to facilitate compliance with the National Integrity Framework policies, Australian Calisthenic Federation Anti-Doping Policy and the World Anti-Doping Code International Standard for Education (ISE).

## Anti-Doping

Under the ISE, Sport Integrity Australia is required to ensure specific cohorts receive anti-doping education - either via online or face-to-face education. A key principle of the ISE is that athletes should receive education prior to being tested.

To satisfy these requirements, the following cohorts are required to receive anti-doping education:

- Any athletes included in Registered, National or Domestic Testing Pools;
- Any athletes and support personnel\* competing or involved in International or Declared events, championships or competitions;
- Any athletes and support personnel\* competing or involved in leagues subject to User Pay testing;
- Any athletes and support personnel\* returning from an Anti-Doping Rule Violation sanction.

The education requirements of cohorts outside of these categories are tailored to the unique environment of Australian Calisthenic Federation, which is outlined in the following attachments:

**Attachment A - Required and Recommended Education** – Outlines the anti-doping education requirements and recommendations for Australian Calisthenic Federation members, categorised by membership type and competition level.

**Attachment B - Australian Calisthenic Federation Delivered Education** – Allows for additional Australian Calisthenic Federation specific requirements not listed in Attachment A to be included, if desired.

\*Support Personnel includes any coach, trainer, manager, agent, team staff, official, medical, paramedical personnel, parent or any Other Person working with, treating or assisting an Athlete participating in or preparing for sports Competition. See articles 1.3.1.1 and 1.3.1.2 of anti-doping policy for further information.

## National Integrity Framework

The topics outlined in this Education Plan provide a structured approach to educating members and key stakeholders about Australian Calisthenic Federation's integrity policies and Sport Integrity Australia's independent complaints process.

Australian Calisthenic Federation is responsible for ensuring education is provided to specific cohorts to help participants in the sport become familiar with their obligations under the National Integrity Framework. The type of education for each cohort is outlined in the following attachment:

**Attachment A - Required and Recommended Education** - Outlines the integrity education requirements and recommendations for Australian Calisthenic Federation members, categorised by membership type and competition level.

## Commitment

Sport Integrity Australia will provide:

- Access to a range of free online integrity education materials
- A suite of resources to promote education, including social media tiles, posters, videos and digital resources;
- Government-funded or user pay face-to-face/webinar education sessions;
- Assistance with eLearning completion reports for Australian Calisthenic Federation.

Australian Calisthenic Federation will be responsible for:

- Mandating the completion of education requirements as outlined in **Attachment A**;
- Promoting recommended education interventions as outlined in **Attachment A**, by providing resources to State Sporting Organisations (SSOs) and Clubs, and promoting education in communication materials; and
- As appropriate, coordinating face-to-face education sessions with Sport Integrity Australia, including providing adequate facilities and support.

## Education Plan Compliance Model

The following criteria will be used when assessing education implementation for the purpose of ensuring compliance with the Australian National Anti-Doping Policy (Articles 12.1, 12.2, 12.4 and 17) and the Australian Sports Commission Sport Recognition Agreement.

- Australian Calisthenic Federation communicates effectively and efficiently with Sport Integrity Australia to develop and implement this plan;
- Australian Calisthenic Federation promotes education to relevant members – as evidenced via emails, newsletters, social media posts, and event packs etc; and
- Australian Calisthenic Federation prioritises monitoring of and compliance with the required education outlined in **Attachment A**.

For the purpose of the Sport Integrity Australia Sport Assurance Framework Australian Calisthenic Federation may be asked to provide evidence of how they have implemented this plan at various levels (e.g. by providing copies of emails to SSOs, social media posts tagging Sport Integrity Australia, newsletters, etc). The Education Plan will be reviewed annually, or as necessary to assess implementation and compliance, allow for changes in response to any evolving threats, and to incorporate new education resources developed by Sport Integrity Australia.

## Conclusion

This Education Plan is a partnership between Sport Integrity Australia, who will support this plan through the provision of education resources and interventions, and Australian Calisthenic Federation, who is responsible for implementing this plan within their sport. Through this plan, together we aim to provide a safe, fair environment for members and participants of all levels of sport and reduce anti-doping rule violations, either deliberate or inadvertent, protect the health and wellbeing of all members, and uphold the integrity of Australian Calisthenic Federation.

Acceptance of this education plan can be by way of email confirmation.

### Attachment A(i) – Athlete Required & Recommended Education

		PUPILS / PARTICIPANTS		
		National	State	Community
		National Championships	State Championships	Club Level
ANTI-DOPING & INTEGRITY COURSES	Anti-Doping Fundamentals			
	Annual Update			
	Clean Sport 101	RECOMMENDED		
	Safeguarding Children and Young People in Sport Induction	RECOMMENDED		

### Attachment A(ii) – Coach and Support Personnel Required & Recommended Education

		COACHES & SUPPORT PERSONNEL	
		National Events	State & Club Events
		Cadet Coaches, Coaches, Adjudicators, Adjudicator Writers, Skills Examiners	Cadet Coaches, Coaches, Adjudicators, Adjudicator Writers, Skills Examiners
ANTI-DOPING & INTEGRITY COURSES	Anti-Doping Fundamentals	RECOMMENDED (To be reviewed end of 2026)	
	Annual Update	RECOMMENDED (To be reviewed end of 2026)	
	Safeguarding Children and Young People in Sport Induction	REQUIRED (if children are involved)	REQUIRED (if children are involved)

### Attachment A(iii) – Administrator and Volunteer Required & Recommended Education

		ADMINISTRATORS			VOLUNTEERS
		National Sporting Organisation	State Sporting Organisations	Club Level	All Levels
		NSO Board, Staff and Administrators	SSO Board, Staff and Administrators	Club Board, Staff and Administrators	Club Volunteers (excl. those captured in above table)
ANTI-DOPING & INTEGRITY COURSES	Anti-Doping Fundamentals	RECOMMENDED (High Performance Staff / Athlete Services only)			
		REQUIRED (Board)			
	Annual Update	RECOMMENDED (High Performance Staff / Athlete Services only)			
	National Integrity Framework	REQUIRED	REQUIRED	RECOMMENDED	
	Safeguarding Children and Young People in Sport Induction	REQUIRED (including Recruitment & Screening Module)	REQUIRED (including Recruitment & Screening Module)	REQUIRED (including Recruitment & Screening Module)	REQUIRED

## Attachment B – Australian Calisthenic Federation Delivered Education

Team/Cohort	Presenter/Course	Content	Reviewed by SIA

### Next Steps

- Approval of this motion will allow the **phased rollout** to proceed as scheduled.
- Communication to stakeholders will be initiated immediately following the AGM, ensuring a smooth transition into **mandatory compliance by 2025**.

### ACF Sport Integrity Australia Education Plan Rollout

The Australian Calisthenics Federation (ACF) is implementing a structured rollout of the Sport Integrity Australia (SIA) Education Plan to ensure compliance and strengthen integrity within the sport. This plan involves a phased approach to educating and mandating key stakeholders at all levels.

#### Phase 1: Stakeholder Engagement

- Engage with state representatives to identify and confirm all Member Protection Officers (MPOs) and State Integrity Officers (SIOs).
- Conduct initial discussions and presentations on the SIA Education Plan to align expectations and implementation strategies.

#### Phase 2: State-Level Implementation

- Educate all SIOs and MPOs on state-level requirements, including updating relevant integrity information on state websites.
- Mandate course completion for all SIOs and MPOs to ensure foundational integrity training.

#### Phase 3: National Course Mandates (2025 Onward)

- Require course completion for:
  - Coaches, Cadet Coaches, Adjudicators, Writers, Skills Examiners, Team Managers
  - NSO Board, Staff, and Administrators
  - SSO Board, Staff, and Administrators
  - Club Board, Staff, Administrators, and Volunteers
- This initiative will integrate into the national accreditation renewal process by 2026, ensuring that individuals cannot reaccredit without course completion.

#### Phase 4: ACC 2025 Compliance Deadline

- Require Heads of Committees, Board Members, Coaches, Cadets, Adjudicators, Writers, Officials and Volunteers attending the ACC25 to complete required courses by 30 June 2025.

#### Communications Strategy

- Direct communication to states via email following the AGM.
- Co-branded social media content to drive awareness and compliance.
- Regular updates from the National Integrity Manager (NIM) to State MPOs and SIOs.
- Ongoing NIF updates included in ACF newsletters.

This structured approach ensures that all key stakeholders across ACF are well-equipped with the necessary education and training, reinforcing integrity and compliance within the sport.

## Appendix 1 – eLearning Course Guide

All eLearning courses can be accessed on the SIA website through registering an account at [Sport Integrity Australia eLearning: Log in to the site](#)

eLearning Course	Description	Intended Audience	
ANTI-DOPING COURSES	<b>Anti-Doping Fundamentals</b>	Comprehensive anti-doping education designed for all athletes and support personnel participating in competitive sport.	Coaches and athletes at the NSO level
	<b>Annual Update</b>	This course is for athletes and support personnel who need to stay up to date on the latest integrity information. This course is updated annually to reflect current trends in anti-doping and broader integrity issues.	Coaches and athletes at the NSO level
	<b>Clean Sport 101</b>	An introduction to Anti-Doping rules written in plain English. Designed for pathway athletes early in their careers, unlikely to be tested, and community/grassroots levels.	Under-16 and pathway athletes
	<b>Whereabouts</b>	This course explains the Whereabouts rules and provides information, tutorials and advice for Registered Testing Pool athletes and their support personnel.	Registered Testing Pool athletes and their coaches
	<b>Coaches Course</b>	Anti-doping knowledge tailored to the important role coaches play in their athletes' lives. The Anti-Doping Fundamentals course must be completed prior to this course	Coaches at the state level and above
	<b>Medical Practitioners Course</b>	A high-level course written by medical practitioners for medical practitioners to help them stay up to date with all anti-doping requirements.	Doctors involved in the provision of medical care in sport
	<b>Parents' Guide to Clean Sport</b>	Designed to teach parents of young athletes about the Anti-Doping rules, doping risks, healthy sport culture, nutrition and the risks of supplement use.	Parents of underage athletes and members
	<b>Decision Making in Sport</b>	This course poses challenging questions based on real-life predicaments faced by sportspeople at all levels. Learn how to apply your personal values and principles to the ethical dilemmas of the sporting world.	Participants at all levels of the relevant NSO (Board, staff, coaches, support staff, officials, athletes, and members).



INTEGRITY COURSES	<b>National Integrity Framework</b>	This course provides sport administrators with background on Sport Integrity Australia, the development of the National Integrity Framework, and an overview of each Policy.	Participants at all levels of the relevant NSO (board, staff, coaches, support staff, officials, athletes, and members).
	<b>Safeguarding Children and Young People in Sport Induction</b>	<p>The course is now delivered in a modular format and features two parts. Part one is designed to help you understand Safeguarding Children and Young People in your sport, including the Children and Young People Safe Practices, and how to recognise and respond to possible breaches.</p> <p>Part two is an optional recruitment and screening module designed for those involved in the recruitment of staff and volunteers in sport.</p>	Any person who is bound by the Child Safeguarding Policy (board, staff, contractors, coaches, officials, and support personnel, athletes, and members).
	<b>Competition Manipulation and Sports Gambling</b>	(Previously Introduction to Match-Fixing) This e-learning program is designed to help users understand what Competition Manipulation and Sports Gambling is, its consequences, how to recognise it and report it.	Any person who is bound by the Competition Manipulation and Sports Wagering Policy (board, staff, contractors, coaches, officials, and support personnel, athletes, and members).
	<b>Introduction to Illicit Drugs in Sport</b>	This course looks at the impact of illicit drug use in sport.	Any person who is bound by the improper use of drugs and medicine policy (Board, staff, contractors, coaches, officials, and support personnel, athletes, and members).