

## List by Test & Grade of Club Swings in Skills Syllabus – July 2025

	<u>INWARD</u>	<u>OUTWARD</u>	<u>PARALLEL</u>	<u>SIDE WINDMILL</u>	<u>INWARD WINDMILL</u>	<u>OUTWARD WINDMILL</u>
Full Circle	Test 1	Test 1	Test 2	Grade 1	Grade 2	Grade 2
Headswing	Test 1	Test 1	Test 2	Grade 1	Grade 2	Grade 2
Backswing	Test 2	Test 3	Grade 2	Grade 2	Grade 4	Grade 4
Overhead wrist swing	Grade 2	Grade 2	Test 3			
Leg swing	Grade 2	Grade 1	Test 3		Grade 3	Grade 3
Side Raise Swing	Grade 1	Grade 1	Grade 2	Grade 3	Grade 2	Grade 2
Double Fold at Side Raise	Grade 2	Grade 1			Grade 3	Grade 2
Forward Raise Swings	Grade 2	Grade 2	Grade 1- <i>Fwd Side</i> Grade 1- <i>Bwd Side</i>	Grade 1- <i>Fwd Side</i> Grade 3- <i>Bwd Side</i>	Grade 3	Grade 2
Full Circles facing the side			Grade 1- <i>Fwd Side</i> Grade 2- <i>Bwd Side</i>	Grade 1- <i>Fwd Side</i> Grade 3- <i>Bwd Side</i>	Grade 3	
Body Swing	Grade 2- <i>front</i>	Grade 2- <i>front</i>	Grade 1- <i>front &amp; back</i>		Grade 4 Facing side <i>Front</i>	Grade 4 Facing side <i>Front</i>
Body Cross			Grade 1- <i>Fwd Side</i> Grade 3- <i>Bwd Side</i>	Grade 3- <i>Fwd Side</i> Grade 4- <i>Bwd Side</i>		
Double Fold at Forward Raise	Grade 2		Grade 1- <i>Fwd Side</i> Grade 2- <i>Bwd Side</i>	Grade 2- <i>Fwd Side</i> Grade 4- <i>Bwd Side</i>	Grade 4 Facing side	Grade 4 Facing side
Chest Swing	Grade 2	Grade 2				
Front to Back turning	Grade 2	Grade 2	Grade 2	Grade 2	Grade 4	Grade 4
Single Wrist Cross	Grade 3	Grade 3	Grade 2- <i>Fwd Side</i> Grade 2 – <i>Bwd Side</i>	Grade 4- <i>Fwd Side</i> Grade 4- <i>Bwd Side</i>	Bronze	Bronze

	<u><b>INWARD</b></u>	<u><b>OUTWARD</b></u>	<u><b>PARALLEL</b></u>	<u><b>SIDE WINDMILL</b></u>	<u><b>INWARD WINDMILL</b></u>	<u><b>OUTWARD WINDMILL</b></u>
<b>Back Wristswing</b>	Grade 3	Grade 3	Grade 3	Grade 4 (one arm)	Grade 4	Grade 4
<b>Big Wheel Turn</b>	Grade 3	Grade 3			Bronze	Bronze
<b>Hipswing – single</b>	Grade 4	Grade 4	Grade 4	Bronze	Bronze	Bronze
<b>Hipswing- dual/double</b>	Bronze	Bronze	Bronze		Silver	Silver
<b>Chestcross</b>	Grade 4	Bronze	Bronze		Grade 4	Grade 4
<b>Hip/Leg Swing</b>			Grade 4			
<b>Neckswing</b>	Bronze	Bronze	Bronze- <i>Fwd</i> Bronze- <i>Bwd</i>	Grade 4- <i>Fwd Side</i> Grade 4- <i>Bwd Side</i> <i>Bronze – Bwd Side</i>	Bronze	Bronze
<b>Multiple Hipswing</b>	Silver	Silver	Silver	Silver	Gold	Gold
<b>Mixed fold at forward raise</b>	Grade 3	Grade 3			Bronze	Bronze
<b>Neckcross</b>	Silver	Silver	Silver <i>Fwd Side</i> Silver <i>Bwd Side</i>	Bronze <i>Fwd side</i> Silver <i>Bwd Side</i>	Gold	Gold
<b>Overhead wristcross</b>	Grade 4	Bronze	Bronze	Grade 4	Gold	Gold
<b>Hip Cross</b>	Silver	Gold	Silver	Silver	Gold	Gold
<b>Double Wristcross</b>	Grade 4 Bronze	Silver	Silver <i>Fwd Side</i> Gold <i>Bwd Side</i>	Gold <i>Bwd Side</i> Gold <i>Fwd Side</i>	Gold	Gold
<b>Hip Wrist Swing</b>	Gold <i>Changing sides</i>	Gold <i>Changing sides</i>	Bronze	Silver	Gold	Gold
<b>Double fold at side raise</b>			Bronze	Gold		