

EXAMINATION DETAILS	
Examiner	Venue
Date	Time

MARKING LEGEND	A – Very high level of skill competence C – Expected level of skill competence	B – High level of skill competence N – Not Mastered
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CANDIDATE	1	2	3	4	5	6	7	8	9	10	11	12
EXAM NUMBER												
FIGURE MARCH												
Mark time												
Head turns												
Forward march with arm swinging												
FREE EXERCISES												
Arm Positions												
Attention												
Forward raise												
Side raise												
Hips firm												
Neck rest												
Upward stretch												
Fingers to shoulders												
Leg & Feet Positions												
Attention												
Side step												
Side toe point												
Cross leg sit to long sit												
Long sit to supine line (<i>with both legs bent up parallel and feet stretched</i>)												
Single leg kneel												
Double leg kneel												
Prone kneel												
Front support (<i>from prone kneel, toes can be tucked or stretched</i>)												
Set exercises												
ROD EXERCISES												
Under Grip												
Attention position												
Forward raise twist												
Upward stretch												
Vertical twist												
Side raise twist												
Leg twist												
Rod across shoulders												
Set Exercise												

CANDIDATE	1	2	3	4	5	6	7	8	9	10	11	12
CLUB SWINGING												
Inward												
Full circle												
Head swing												
Back swing												
Outward												
Full circle												
Head swing												
Back swing												
Parallel – L & R Directions												
Full circle												
Head swing												
Leg swing												
Overhead wrist swing												
Set Exercise												
TURNOUT DEVELOPMENT EXERCISES												
Foot & instep stretches												
AESTHETIC												
Arm Positions												
Preparation position												
1 st position												
2 nd position												
Low 2 nd position												
5 th position												
Leg & Feet Positions												
1 st position												
2 nd position												
3 rd position												
5 th on demi pointe												
Curtsey												
Demi pli� in 3 rd												
Toe point to 2nd												
Set Exercise												
DANCE												
Galop forward (3)												
Galop sideways (2)												
Walking on demi pointe												
Saut�s (3)												
Skips forward (8)												
1 st on demi pointe												
Curtsey												
Set Exercise												
MUSICAL APPRECIATION												
Rhythm Exercise												
DEPORTMENT												
OVERALL RESULT (A, B, C, N)												
EXAMINER SIGNATURE												