

CALISTHENICS

SPORT PROGRAM



*FRIDAY, 17 OCTOBER TO
SATURDAY, 18 OCTOBER 2025*

*MURRINJI THEATRE,
HAWKER COLLEGE*



**XX AUSTRALIAN
MASTERS GAMES
CANBERRA**
18-25 OCTOBER 2025

Welcome to the 20th Edition of the Australian Masters Games

18 October - 25 October 2025



8 DAYS

OF ACTION
PACKED SPORTS
& ENTERTAINMENT

Australia's
biggest Masters
Sporting Event
returns to
Canberra after
22 years.

45

Sports

8000

Athletes

53


Venues

[HTTPS://AUSTRALIANMASTERSGAMES.COM/](https://australianmastersgames.com/)

20TH AUSTRALIAN MASTERS GAMES ENTERTAINMENT MARQUEE EVENT

18
OCT

Opening Ceremony

 National Museum of Australia

6:00 PM

20
OCT

SOCIAL EVENT Mid-Week Function

 Mooseheads, Braddon ACT

6:00 PM

22
OCT

MARQUEE EVENT Mid-Week Function

 Various Venues, Braddon ACT

6:00 PM

23
OCT

SOCIAL EVENT Kho-Kho Exhibition

 Lyneham Fields, Lyneham ACT

6:00 PM

24
OCT


SOCIAL EVENT AMG Race Day

 Thoroughbred Park, Lyneham

6:00 PM

25
OCT

MARQUEE EVENT Closing Ceremony

 Australian National Botanical
Gardens

6:00 PM



Australian Calisthenics Federation is organising and delivering Calisthenics competition for the 20th edition of the Australian Masters Games.



***SPORT
CONVENOR***

Diane Treagus

Australian Calisthenic Federation

di.treagus@calisthenicsaustralia.com.au



CALISTHENICS

OCTOBER



FRI



SAT

FRI

5:30PM - 9:30PM

SAT

8:30AM - 5PM

RESULTS

Results for Calisthenics will be available on the website the next morning of the competition day.

Please click on the Results Tab on the link below to see your results:

<https://australianmastersgames.com/sport/calisthenics/>

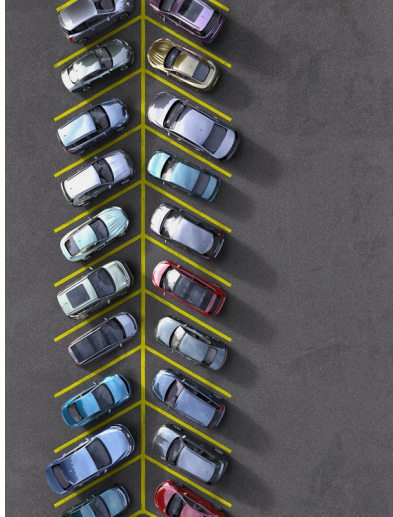


venues & facilities

MURRANJI THEATRE - HAWKER COLLEGE

51 Murrinji Street Hawker ACT 2614 |  Google Maps

- The Murrinji Theatre is a modern, purpose-built performing arts facility located at Hawker College
- It is designed to support school productions, cultural performances and competitions, and performances for the sport of calisthenics



PARKING

Free Parking at the venue. (marked on site map)



TRANSPORT

Free Public Transport available in Canberra for the event week.

[Click here to plan your journey.](#)

FOOD & DRINKS:



Participants are encouraged to bring their own food and snacks. Hawker shops are located around 1.5km from the venue



Sport Volunteers will be
wearing this shirt!



VOLUNTEERS



Here to help!

Please do not hesitate to reach out to volunteers
if you have any questions.

ACF ACKNOWLEDGEMENTS

Chair

Deputy Chair

Board Members

Kerry Sargent

Jess Wahlstrom

Josephine Chabi

Michaela Dixon

Teresa Santoro

Natalie Wallace

Amanda Yong

National Operations Manager

Megan Taylor

Head of National Competitions & Events

Di Treagus

Head of Adjudicators Advisory Board

Karen Hicks

Head of Examiners Advisory Board

Diane Winterling

Head of Coaches Advisory Board

Jessica Lee

ACF National Competition & Events Committee

Di Treagus

Megan Taylor

Kerry Sargent

Jussahra Treagus



CALISTHENICS SITE MAP



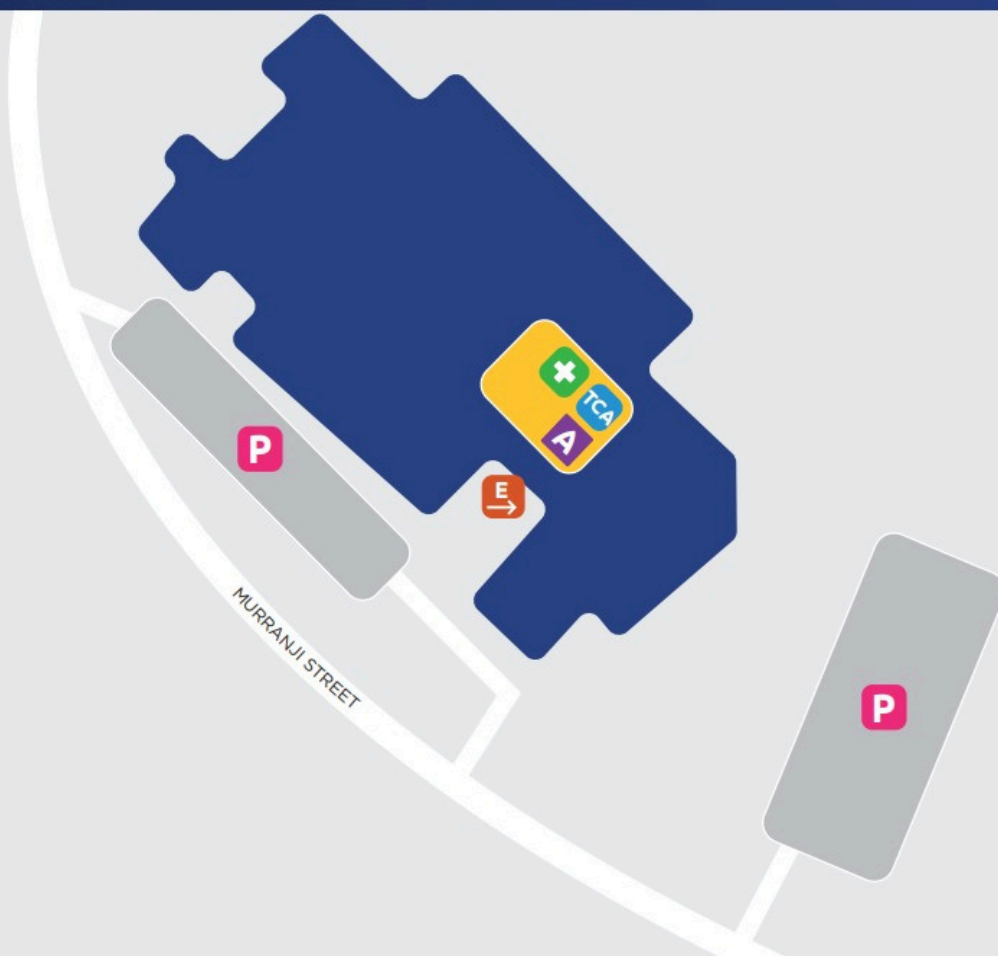
MURRANJI THEATRE - HAWKER COLLEGE



CALISTHENICS

LEGEND

-  COMPETITION AREA
-  PRECINCT
-  PARKING
-  ENTRANCE
-  FIRST AID
-  TOURNAMENT CONTROL AREA
-  TOILETS
-  ACCREDITATION CHECK IN
-  CANTEEN



CHAIR WELCOME

Welcome to the Inaugural ACF Masters Solo, Duo & Trio Competition at the Australian Masters Games! What a moment to celebrate! Whether you've journeyed across states or are part of our vibrant local Canberra community, we're thrilled to welcome you to this landmark event. The energy, artistry and camaraderie of our Masters participants are nothing short of inspiring, and this competition is a testament to the passion that continues to grow across all corners of our sport. The Australian Calisthenics Federation is proud to champion high-quality national events, and your support for Masters calisthenics is helping shape a bold, inclusive future.

This event isn't just a debut—it's a cornerstone. As part of the newly launched ACF National Competitions & Events Framework, the Masters Games now hold a dedicated place in our national strategy, building on our long-standing involvement with the Pan Pacific Masters Games. This framework creates space for lifelong participation, intergenerational connection, and community celebration.

We extend heartfelt thanks to Di Treagus, ACF Head of Competitions, for her tireless advocacy and leadership in bringing this event to life. And to our incredible on the ground volunteers—assessors, stage managers, door staff and more – and all those working in the lead up to the event—your dedication is the heartbeat of our sport.

To every competitor stepping onto the stage: we wish you the very best of luck. May you perform with pride, joy and the spirit that defines our Masters community.

This event is a celebration of everything we hold dear in calisthenics—shared passion, enduring friendships, and the thrill of performance.

Thank you for showing up, lifting each other, and doing it all for the love of it.

Kerry Sargent
ACF Chair



SCHEDULE

FRIDAY 17 OCTOBER - SESSION 1

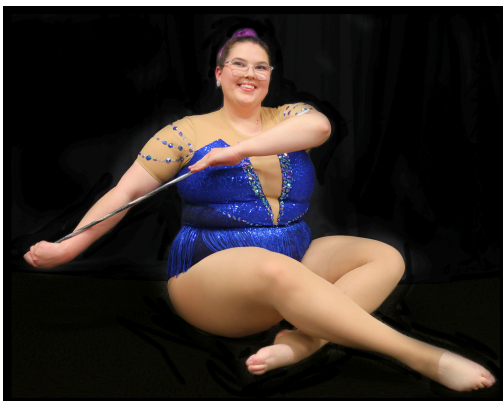
5.30PM	Calisthenics Solo Presentations	26-35, 36-42, 57-69, 70 plus
7.50PM	Rods Solo	27-40, 46-56
8.25PM	Graceful Solo Presentations	57-69

SATURDAY 18 OCTOBER - SESSION 2

8.30AM	Clubs Duo	33-45, 48-58
9:15AM	Graceful	36-40, 41-45
10.55AM	Calisthenic Duo Presentations	70 plus, 57-69, 41-48, 34-40

SATURDAY 18 OCTOBER - SESSION 3

12.50PM	Clubs Solo	46-56, 30-42, 70 plus
1.35PM	Graceful Solo	46-56
2.05PM	Calisthenic Trio Presentation	35-40
2.55PM	Rods Duo	40-48, 57-69, 32-39
3.40PM	Graceful Solo Presentations	70 plus, 26-35



ADJUDICATORS

Diane Winterling - South Australia

"Calisthenics has had a significant impact in my life and my association with our wonderful sport has been developed over many years".

Diane has been involved in Calisthenics since the age of 4 making the natural progression to coaching and then examining and adjudicating. She is an Advanced Level 2 Adjudicator and has extensive adjudicating experience both solo and team, officiating at all levels at many metropolitan and regional competitions in South Australia and interstate.

As a Gold Medal Examiner and a level 2 coach Diane has had the opportunity to view Calisthenics from several perspectives all of which complement her ongoing commitment to and love of our sport.

She has been awarded Life Membership of Australian Calisthenic Federation, Calisthenic Association of SA , Coaches Association of SA and the Australian Society of Calisthenic Adjudicators. In 2018 Diane was named CASA (SA) Official of the Year, 2007 ACF Official of the Year and in 2000 was a recipient of the Australian Sports Medal for her contribution to Calisthenics.

Diane has held the position of th ACF Director of Skills and Convenor of the Examiners Advisor and is currently ACF Head of Skills.

Professionally Diane has been a school Principal and currently supports school assessment processes.



ADJUDICATORS

Lenore Cogan - Victoria

Lenore has been involved in Calisthenics since 1973.

After being a competitor from Tinies to Seniors, she also became a Coach - assisting all sections at Nova Academy of Calisthenics. In 1992, she founded her own club, Vogue, which ran for 12 years - moving rapidly through the divisions. Lenore won the "Joy Fildes Most Promising Coach" award in 1994. Lenore assisted the Victoria State Team in 2000 (with Sarah Carthew).

Lenore has 2 daughters who are heavily involved in Calisthenics, one in Inters at Ceres, and one in Seniors at Maroondah (who is also a Coach). Lenore has coached the Masters at Maroondah since its inception in 2008. She has attended every Pan Pacific Masters Games and won many medals there.

Lenore presents the Music and Singing Module for Level 1 & 2 coaches. She became a judge in 2013 and has adjudicated in ACT, South Australia, Queensland and NSW (and NT later this year!). She was thrilled to mentor the NT State Team in 2020 (before covid hit).

Lenore is a Catholic Primary School teacher, and an authorised Marriage Celebrant.



ADJUDICATORS

Kerryn Waddell - Victoria

Kerryn joined the Australian Society of Calisthenic Adjudicators (ASCA) in 1989, regularly participating on the Victorian Branch Committee. She has been an Adjudicators' Advisory Board delegate since 2004 and was the ACF Director of Adjudicating from 2013-2022

Kerryn has adjudicated both solos and teams in all States and Territories, at the National Championships on 4 occasions, Cali-Unite, CV State Championships, Metropolitan and Country Victoria competitions; and at Royal South Street over numerous years.

Her Calisthenic achievements include a CVI Certificate of Appreciation, Sports Education Victoria Official of the Year, ACF Official of the Year, ASCA Life Membership and ACF Life Membership. She appreciates being able to assist Coaches with her Calisthenic knowledge and encourage performers to enjoy participation in our wonderful artistic sport.



26-35 CALISTHENIC SOLO

Friday October 17th, 5:30pm

<u>Performer</u>			<u>Coach</u>
1	Ashlea Mills	VIC	Danielle Kenner
2	Dani Daley	SA	Donna Dillon
3	Daria Carter	VIC	Danielle & Alex Kenner
4	Emily Blair	SA	Sharyn Richter & Kim Hansen
5	Kirsty Johnson	WA	Emma Liddelow
6	Felicia Rodeghiero	SA	Jenny Pearson & Felicia Rodeghiero
7	Claire Wickham	SA	Donna Dillon
8	Maddie Wells	SA	Sharyn Richter
9	Belinda Williams	QLD	Belinda Williams
10	Alexandra Andriolo	ACT	Zoe Stott & Alexandra Andriolo
1st			2nd
3rd			

36-42 CALISTHENIC SOLO

<u>Performer</u>			<u>Coach</u>
1	Nichole Hovath	VIC	Crystal Healey
2	Miranda Wong	VIC	Kate Hassett
3	Samantha Williams	SA	Megan Naylor
4	Kylie McDonald	VIC	Kate Hassett
5	Rebecca Dukes	ACT	Simone Barker
6	Joalle Draper	VIC	Joalle Draper
7	Cathleen Marshall	ACT	Alice Humphries & Cathleen Marshall
8	Lauren McClymont	VIC	Zoe Formosa
9	Alicia Polman	VIC	Morgan King
1st			2nd
3rd			

57-69 CALISTHENIC SOLO

Performer

- 1 Liz Reed
- 2 Helen McDougall
- 3 Debbie Haines

VIC
ACT
VIC

Coach

Debbie Haines
Keisha McDougall WITHDRAWN
Liz Reed

1st

2nd

70+ CALISTHENIC SOLO

Performer

- 1 Jill Ahmed

SA

Coach

Sarah Stephenson

1st



Australian
Calisthenic
Federation

We can't wait to see you at the
2026 Pan Pacific Masters Games

27-40 RODS SOLO

Friday October 17th, 7:50pm

Performer

1	Loren Sirel	VIC
2	Megan Naylor	SA
3	Maddie Wells	SA
4	Nichole Horvath	VIC
5	Alicia Polman	VIC

Coach

Crystal Healey
Samantha Williams
Sharyn Richter
Crystal Healey
Morgan King

1st _____

2nd _____

3rd _____

46-56 RODS SOLO

Performer

1	Elspeth Dove	VIC
2	Shari Rankine	SA

Coach

Kathryn Nicole	WITHDRAWN
Shari Rankine	

1st _____

Keep up to date with the ACF!



calisthenicsaustralia.com.au



[AustralianCalisthenicFederation](https://www.facebook.com/AustralianCalisthenicFederation)



[@calisthenics_acf](https://www.instagram.com/calisthenics_acf)



[@auscalifederation](https://www.tiktok.com/@auscalifederation)

AusCal iPULSE

The official ACF newsletter -
designed to keep you connected,
informed & inspired

Subscribe Now!



57-69 GRACEFUL SOLO

Friday October 17th, 8:25pm

<u>Performer</u>			<u>Coach</u>
1	Keryn Bellingham	SA	Shari Rankine
2	Liz Reed	VIC	Debbie Haines
3	Kathryn Nankervis	SA	Felicia Rodeghiero
4	Lesley Why	VIC	Claire McPeake
5	Debbie Haines	VIC	Liz Reed
1st			2nd
3rd			

33-45 CLUBS DUO

Saturday October 18th, 8:30am

<u>Performers</u>			<u>Coach</u>
1	Donna Dillon Haylee Fisher	SA	Donna Dillon
2	Melinda Galliford Felicity Vardon	SA	Meagan Cox
3	Alexia Kohlmorgan Susan Feleppa	SA	Alexia Kohlmorgan
4	Gemma Jahn Emma Liddelow	WA	Gemma Jahn & Emma Liddelow
5	Sharyn Richter Maddie Wells	SA	Sharyn Richter
6	Paula Carlise Loren Sirel	VIC	Paula Carlise & Loren Sirel
1st			2nd
3rd			

48-58 CLUBS DUO

Performers

Coach

1	Felicia Rodeghiero Kathryn Nankervis	SA	Felicia Rodeghiero
2	Melissa Murphy Deborah Bird	VIC	Lesley Why
3	Shari Rankine Keryn Bellingham	SA	Shari Rankine

1st _____

2nd _____

3rd _____

36-40 GRACEFUL SOLO

Saturday October 18th, 9:15am

Performer

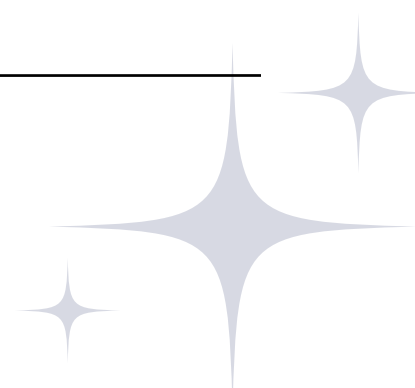
Coach

1	Alicia Polman	VIC	Morgan King
2	Felicity Vardon	SA	Meagen Cox
3	Lauren McClymont	VIC	Alex Kenner
4	Cathleen Marshall	ACT	Alice Humphries & Cathleen Marshall
5	Belinda Williams	QLD	Belinda Williams
6	Kylie McDonald	VIC	Kate Hassett
7	Rebecca Dukes	ACT	Taryn Leslie
8	Paula Carlisle	VIC	Loren Sirel
9	Melissa Murphy	VIC	Lesley Why
10	Samantha Williams	SA	Megan Naylor
11	Alexandra Andriolo	ACT	Alexandra Andriolo & Zoe Stott

1st _____

2nd _____

3rd _____



41-45 GRACEFUL SOLO

Performers

1	Gemma Jahn	WA
2	Joalle Draper	VIC
3	Susan Feleppa	SA
4	Hayley Fisher	SA

Coach

Emma Liddelow
Joalle Draper
Alexia Kohlmorgan
Donna Dillon

1st _____ 2nd _____
3rd _____

70+ CALISTHENIC DUO

Saturday October 18th, 10:55am

Performers

1	Jill Ahmed	SA
	Margie Blackwood	

Coach

Sarah Stephenson

1st _____

Help Shape the Future of ACF Events

Thank you for being apart of Australian Masters Games 2025 - we hope you had a fantastic experience!

To help us grow and meet your needs, we'd love to hear your thoughts. Whether you were a participant, coach, team official, competition official, volunteer or spectator - your voice matters.

Scan the QR code to complete our short post-event survey (approx 10 minutes). All responses are anonymous, and your feedback will directly inform the future of ACF's National Competition Event Framework & Events.

Thank you for contributing to something bigger - we appreciate your time and support!

57-69 CALISTHENIC DUO

Performers

Coach

- | | | | |
|---|-------------------------------------|-----|----------------|
| 1 | Lesley Why
Julie-anne Porcellato | VIC | Claire McPeake |
|---|-------------------------------------|-----|----------------|

1st

41-48 CALISTHENIC DUO

Performers

Coach

- | | | | |
|---|---|-----|-------------------------------------|
| 1 | Cathleen Marshall
Karina Nott | ACT | Alice Humphries & Cathleen Marshall |
| 2 | Donna Dillon
Hayley Fisher | SA | Donna Dillon |
| 3 | Sharyn Richter
Emily Blair | SA | Sharyn Richter |
| 4 | Felicia Rodeghiero
Kathryn Nankervis | SA | Felicia Rodeghiero |

1st

2nd

3rd

PROMOTING OUR SPORT SAFELY

ACF INTEGRITY MEASURES

The Australian Calisthenics Federation would like to share the steps we are taking to uphold the safety and integrity of our sport, for all ACF Competitions and Events

INTEGRITY FIRST

All performers, coaches, adjudicators, and officials must complete a National Integrity Acknowledgement—helping us create a safe, respectful environment for all.

34-40 CALISTHENIC DUO

<u>Performers</u>			<u>Coach</u>
1	Robyn Smith Kyra Van Limbeek	ACT	Zoe Stott
2	Rachel Salter Sophie Boyson	ACT	Grace Perkovic
3	Kylie McDonald Alicia Polman	VIC	Kate Hassett & Morgan King
4	Liz Arnold Emma Peterson	ACT	Liz Arnold
5	Claire Wickham Dani Daly	SA	Donna Dillon
6	Gemma Jahn Kirsty Johnson	WA	Emma Liddelow & Kirsty Johnson
1st			2nd
3rd			

46-56 CLUBS SOLO

Saturday October 18th, 12:50pm

<u>Performer</u>			<u>Coach</u>
1	Liz Arnold	ACT	Liz Arnold
2	Shari Rankine	SA	Shari Rankine
1st			2nd

30-42 CLUBS SOLO

Performer

Coach

1	Maddie Wells	SA	Sharyn Richter
2	Emily Truswell	WA	Gemma Jahn
3	Joalle Draper	VIC	Joalle Draper
4	Claire Wickham	SA	Donna Dillon
5	Alex Carver	VIC	Danielle Kenner
6	Alicia Polman	VIC	Morgan King

1st

2nd

3rd

70+ CLUBS SOLO

Performer

Coach

1	Jill Ahmed	SA	Sarah Stephenson
---	------------	----	------------------

1st

INFORMED CONSENT FOR MEDIA USE

Performers (or their caregivers) have been asked to consent to the use of images and footage across livestreams, social media, and official publications — ensuring everyone is informed and protected.

RESPECTFUL & SAFE PRESENTATIONS

To protect our performers and preserve tradition, only ACF-approved photographers may capture images during presentations.

CELEBRATING EXCELLENCE, RESPECTFULLY

Place-getters in Solo, Duo, Trio & Graceful will be celebrated on ACF social media - with a photo, first name, surname initial, state & coach - balancing recognition with privacy and care.

46-56 GRACEFUL SOLO

Saturday October 18th, 1:35pm

Performer

Coach

1	Karina Nott	ACT	Kari Turnbull
2	Narelle Drake	NSW	Christine Polglaze
3	Julie-anne Porcellato	VIC	Claire McPeake WITHDRAWN
4	Alexia Kohlmorgen	SA	Alexia Kohlmorgen
5	Elsbeth Dove	VIC	Kathryn Nicols WITHDRAWN
6	Shari Rankine	SA	Shari Rankine

1st _____

2nd _____

3rd _____

35-40 CALISTHENIC TRIO

Saturday October 18th, 2:05pm

Performers

Coach

1	Kylie McDonald, Alicia Polman and Miranda Wong	VIC	Kate Hassett
2	Alexandra Andriolo, Robyn Smith and Kyra Van Limbeek	ACT	Alexandra Andriolo, Catherine Stevens & Zoe Stott
3	Liz Arnold, Emma Peterson and Megan Kratzel	ACT	Liz Arnold
4	Alex Carver, Lauren McClymont and Daria Carter	VIC	Danielle Kenner & Alex Carver
5	Kathryn Nankervis, Megan Naylor and Felicia Rodeghiero	SA	Felicia Rodeghiero

1st _____

2nd _____

3rd _____

40-48 RODS DUO

Saturday October 18th, 2:55pm

Performers

Coach

- | | | | |
|---|---|----|------------------------------------|
| 1 | Claire Wickham
Donna Dillon | SA | Donna Dillon |
| 2 | Kathryn Nankervis
Felicia Rodeghiero | SA | Jenny Pearson & Felicia Rodeghiero |
| 3 | Sharyn Richter
Maddie Wells | SA | Sharyn Richter |

1st	2nd
3rd	

57-69 RODS DUO

Performers

Coach

- | | | | |
|---|-----------------------------------|-----|----------------|
| 1 | Shari Rankine
Keryn Bellingham | SA | Shari Rankine |
| 2 | Lesley Why
Christine Hancock | VIC | Claire McPeake |

1st	2nd
-----	-----

32-39 RODS DUO

Performers

Coach

- | | | | |
|---|---|-----|--------------------------------|
| 1 | Alexandra Andriolo
Catherine Stevens | ACT | Alexandra Andriolo & Zoe Stott |
| 2 | Liz Arnold
Emma Peterson | ACT | Liz Arnold |
| 3 | Emma Liddelow
Kirsty Johnson | WA | Emma Liddelow & Kirsty Johnson |
| 4 | Alex Carver
Ashlea Mills | VIC | Danielle Kenner & Alex Carver |

1st	2nd
3rd	

70+ GRACEFUL SOLO

Saturday October 18th, 3:40pm

Performer

- | | | |
|---|------------------|----|
| 1 | Margie Blackwood | SA |
| 2 | Jill Ahmed | SA |

Coach

Sarah Stephenson
Sarah Stephenson

1st

2nd

26-35 GRACEFUL SOLO

Performer

- | | | |
|----|--------------------|-----|
| 1 | Sophie Spooner | VIC |
| 2 | Emily Blair | SA |
| 3 | Daria Carter | VIC |
| 4 | Caitlin Job | VIC |
| 5 | Emily Truswell | WA |
| 6 | Loren Sirel | VIC |
| 7 | Alex Carver | VIC |
| 8 | Dani Daly | SA |
| 9 | Claire Wickham | SA |
| 10 | Ashlea Mills | VIC |
| 11 | Felicia Rodeghiero | SA |
| 12 | Maddie Wells | SA |

Coach

Lauren Blair
Sharyn Richter & Kim Hansen
Danielle Kenner & Alex Carver
Jessica Phokos
Emma Liddelow
Paula Carlise
Danielle Kenner
Donna Dillon
Donna Dillon
Danielle Kenner
Jenny Pearson & Felicia Rodeghiero
Sharyn Richter

1st

2nd

3rd

Elevate 28!

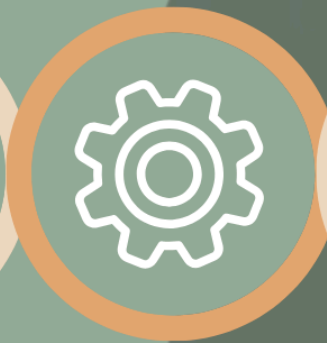
ACF's Strategic Plan to 2028

Our 4 Guiding Principles



People First

Attract, train, support and retain people who love Cali and share our purpose



Simplified

Unambiguous targets, clear priorities and high-level actions to achieve our purpose



Data Informed

Key decisions are guided by high-quality evidence



Focused

Resources are deployed to areas that will have the greatest impact on the sport

More People, More Ways

Calisthenics Everywhere



See the full
Strategic Plan

ACF NATIONAL COMPETITION & EVENT FRAMEWORK

Evolving for the Future

ACF NATIONALS

The ACF Nationals have always been a highlight of Australian Calisthenics competition calendar, bringing the community together in a celebration of the sport. But as the competition has evolved, so have community needs.

It was time for the ACF to take a deep dive and reassess what the calisthenics community truly needs & wants from their National competitions and events, to ensure our Nationals stay relevant, provides meaningful participation opportunities, & reflects the best of our wonderful sport.



WHY DO WE NEED A NEW FRAMEWORK?

The ACF Nationals faced challenges in meeting the needs of all States, with some struggling to consistently send teams due for various reasons. This created gaps in accessibility & inclusivity, limiting opportunities for equal participation.

A redesigned framework will offer more diverse & inclusive pathways for participation ensuring greater accessibility, which is essential for engaging more people and creating opportunities for all states to participate.



HOW HAVE ACF DEVELOPED THE NEW FRAMEWORK?

The National Competition & Event Framework (NCEF) was shaped through a three-step process.

1. An evidence-based Review conducted by McLaughlin Sports Consultants gathered insights through community e-surveys, stakeholder interviews, & best-practice analysis.
2. A working party, including representatives from Member State & ACF Advisory Boards, collaborated to design the framework based on the recommendations of the Review.
3. Consultation Period to gather stakeholder feedback on the NCEF to ensure the framework was practical, equitable, and aligned with the needs of the calisthenics community.



WHO WAS INVOLVED IN THE DECISION-MAKING PROCESS?

Collaboration and consultation were central to every stage of NCEF development. Input has been sought from as all parts of our community including:

1. General community through McLaughlin's e-survey.
2. Member States, Coaches & Officials - representatives on the working party.
3. Key Stakeholders - representatives from the boards, committees, coaches, officials, clubs, and participants through McLaughlin's stakeholder interviews and feedback consultation period.



HOW WILL THE NEW FRAMEWORK IMPROVE NATIONAL COMPETITIONS?

The new NCEF will improve National Competitions by creating consistent processes and guidelines and expand accessibility to make participation fair and inclusive. The Framework will act as a cornerstone for aligning ACF's competitions with the broader vision of Elevate 28!, ensuring a resilient, inclusive, and visible future for ACF and the Calisthenics in Australia.



MORE PEOPLE, MORE WAYS, CALISTHENICS EVERYWHERE...

STAY TUNED FOR AS WE BRING YOU MORE
ON THE REFRESHED ACF NATIONALS

Fundraise for Dementia Australia and make every step count



Every step, every challenge, and every celebration can make a real difference for Australians living with dementia and their families.

We're inviting you to turn your Australian Masters Games experience into something even more meaningful by fundraising for Dementia Australia.

Every dollar you raise will help provide vital services such as counselling, education, and advocacy, as well as fund research to improve treatment and move us closer to a future where dementia is no longer the leading cause of death for Australian women and the second leading cause overall.

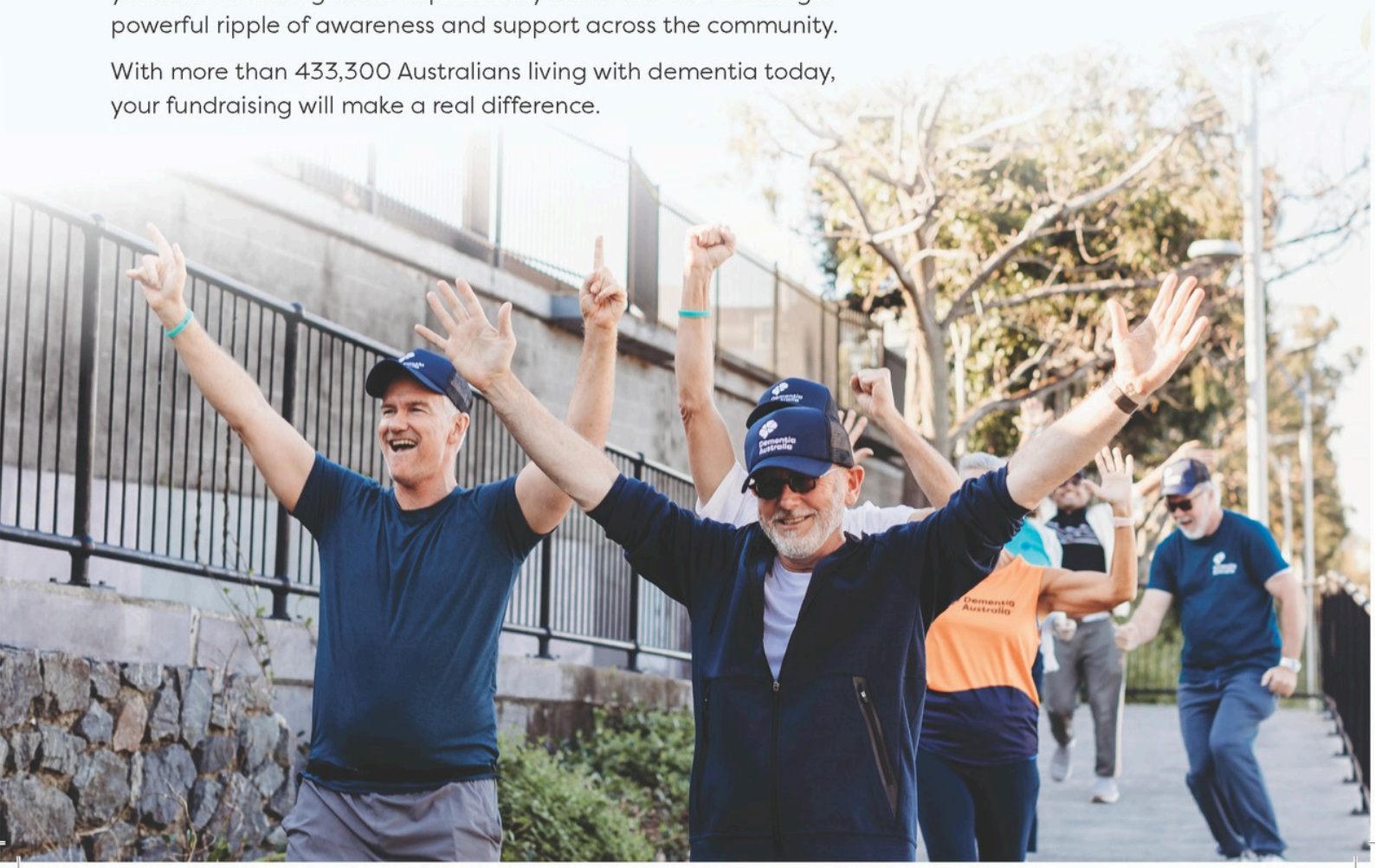
Whether you rally your teammates, set yourself a personal fundraising goal, or dedicate your efforts to someone special, you'll be honouring those impacted by dementia and creating a powerful ripple of awareness and support across the community.

With more than 433,300 Australians living with dementia today, your fundraising will make a real difference.

Sign up to
become
a fundraiser



If you or someone you know needs support, the **National Dementia Helpline** is available 24/7 on **1800 100 500** for free, confidential information and advice.



SPONSORS

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Australian
Calisthenic
Federation

More People...More Ways... Calisthenics *Everywhere*

Thank you for your patronage at the
Australian Masters Games 2025.

We wish all of our competitors, coaches, volunteers, officials
and supporters a safe journey home.

calisthenicsaustralia.com.au

The ACF is the nationally recognised organisation for calisthenics,
dedicated to promoting and advancing the sport of calisthenics in Australia.



ACF ✨
MASTERS
GAMES

For the love of it