



SKILLS PROGRAMME

GOLD MEDAL

ALL MOVEMENTS MUST BE COMPLETED

*(Minimum age of Candidate must be 18 years as at 31 December in the year of presenting for the exam.)
Candidates must achieve 60% or higher for each section to earn a medal and certificate.*

PART 2

REVISED July 2026

PRE-CHOREOGRAPHED ROUTINES (No banned or dangerous movements allowed)

CANDIDATE NUMBER _____

FREE EXERCISES - Music Track A or B

General comments:	Mark up :		
	Precision	20	
	Technique	30	
	Value/complexity/ choreography	30	
	Execution	20	
	TOTAL	100	

ROD EXERCISES - Music Track A or B

General comments:	Mark up :		
	Precision	20	
	Technique	30	
	Value/complexity/ choreography	30	
	Execution	20	
	TOTAL	100	

CLUB SWINGING - Music Track A or B

General comments:	Mark up :		
	Rhythm	20	
	Technique	30	
	Value/complexity/ choreography	30	
	Execution	20	
	TOTAL	100	

	PART 2 - FINAL RESULT	300	
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CANDIDATE NUMBER _____

Total result Part 1 _____ %

Part 2 _____ %

Final result (average of Part 1 & 2) _____ %

MARKS: 90% or over = Qualified to perform for Honours

85 – 89 Credit Plus

80 – 84 Credit

75 – 79 Highly Commended

70 – 74 Commended

65 – 69 Pass Plus

60 – 64 Pass

Unable to Qualify

RESULT: _____**Examiner's Comments:****Examiner's Signature:** _____ **Date:** _____***The Examiner's decision is final and no correspondence will be entered into.***